



DECEMBER 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 1:00 Medicare Open Enrollment (Kenmore) 7:00 The Music Project—Northshore Wranglers	2 8:00 Pancake Breakfast
3	4 9:00 Jewelry Cleaning & Repair 1:00 Chicken Soup for the Brain	5 10:00 Women's Coffee Hour (Mill Creek)	6 8:30 Men's Breakfast 10:00 Caregiver's Support Group 11:30 Piano Workshop 1:00 Holiday Tea Party (Kenmore)	7 10:00 Fishing Club 10:30 Caregivers' Support Group (Mill Creek) 1:00 Reverse Mortgages (Mill Creek)	8 11:15 Men's Coffee Hour (Mill Creek) 7:00 Another Good Year—Drama by Northshore Wranglers	9
10	11 10:00 Holiday Cooking: Quick & Delicious (Mill Creek) 10:00 Antiques Club 1:00 Chicken Soup for the Brain 1:30 Mill Creek Steering Committee (Mill Creek)	12 12:45 What You Need to Know About Stroke 7:30 Holiday Pops & Dessert	13 10:00 Diabetes/Pre-diabetes 1:30 Kenmore Steering Committee (Kenmore)	14 9:30 Property Tax Deferrals & Exemptions 10:00 Line Dancers Holiday Hoedown Celebration 10:00 Living Sustainably in a Changing Environment	15 10:00 Book Club 10:00 The Veterinarian Is In (Mill Creek) 2:00 Medicare: What You Need to Know (Mill Creek)	16 8:00 Pancake Breakfast—featuring Seattle Seahawks Legends
17	18 11:00 Moving Through The Pain (Kenmore) 12:00 Stamp Club	19 10:00 Parkinson's Support Group 10:00 Women's Coffee Hour (Mill Creek) 1:00 Broadening Your Knowledge of Investing 5:00 Board Meeting	20 11:30 Piano Workshop 2:00 Newcomer's Orientation 6:30 Adult Children Of Aging Parent Support Group	21 10:30 Caregivers' Support Group (Mill Creek)	22 11:15 Men's Coffee Hour (Mill Creek)	23
24	25 HOLIDAY 	26 HOLIDAY 	27	28 10:00 Living Sustainably in a Changing Environment	29	30
31						

RECURRING WEEKLY (BOTHELL ONLY)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:45 Pinochle 2:00 Coffee & Conversation 1:00 Ping Pong	8:15 Enhance Fitness (no class Dec 25) 9:30 Enhance Fit. Adv. (no class Dec 25) 9:30 German Conversational (no class Dec 25) 11:00 Zumba Gold (no class Dec 25) 11:30 Happiness Workshop (no class Dec 25) 11:45 Community Dining Lunch 12:30 Pickleball (no games Dec 25) 1:00 Astronomy (no class Dec 25) 1:30 Senior Songsters (no class Dec 25)	8:30 Senior Strength (no class Dec 26) 9:00 Walking Group 9:30 Woodcarving (no class Dec 26) 9:30 Knit Wits (no class Dec 26) 9:30 Golf Club 9:30 Pickleball (Adv.&Inter.; no games Dec 26) 10:00 Variety Band (no class Dec 26) 10:00 Wii Bowling & Wii Golf (H&W) 11:45 Community Dining Lunch 12:00 Pickleball (Beg. & Novice; no games Dec 25 & 26) 12:00 Rock Steady Boxing (H&W) (no class Dec 26) 12:30 Wii Bowling & Wii Golf (H&W) (no class Dec 26) 12:30 Everyone Can Write (no class Dec 26) 1:00 Pie Day 1:00 Basic Art & Mixed Media (no class Dec 26) 1:00 Qigong (no class Dec 26) 2:00 Qigong Advanced (no class Dec 26) 2:30 Yoga for Parkinson's (no class Dec 26) 6:00 Yoga-Hatha (H&W)	8:15 Enhance Fitness 9:30 Enhance Fit. Adv. 9:30 Mah Jongg (Riverside Landing) 10:00 Visual Art Journaling 11:00 Zumba Gold 11:45 Community Dining Lunch 12:00 Bridge 12:30 Oil And Acrylic Painting 12:30 Quilt Group (no meeting Dec 27) 12:45 Double Deck Pinochle 1:00 Sharing & Caring 1:00 Managing Chronic Pain (H&W) (until Dec 6) 1:00 Ballroom Dance (1st & 3rd week) 2:30 Guitar, Anyone? 2:30 Ballroom Dance Lessons (2nd, 4th, 5th week) 3:00 Ballroom Dance Lessons (1st and 3rd week) 5:30 Pickleball 6:30 Driftwood	8:30 Driftwood 8:30 Senior Strength 8:30 Yoga 9:00 Creative Needle & Craft Group 9:00 Walking Group 10:00 Wii Bowling & Wii Golf (H&W) 11:00 Colored Pencil (no class Dec 11 & 28) 11:00 Seated Yoga 11:45 Community Dining Lunch 12:00 Rock Steady Boxing (H&W) 12:30 Hand & Foot 12:30 Wii Bowling & Wii Golf (H&W) 12:30 Pickleball (Adv. & Inter.) 12:45 Pinochle 1:00 Current Issues 2:30 Pickleball (Beg. & Novice)	8:15 Enhance Fitness 9:00 Watercolor 9:30 Enhance Fit. Adv. 10:30 Cribbage 11:00 CODA 11:00 Zumba Gold 11:30 Duplicate Bridge 11:45 Community Dining Lunch 12:00 Pickleball 1:00 Poetry Group 1:00 Poker 1:30 Tai Chi (no class Dec 22 & 29) 2:30 Pickleball	9:00 Pickleball (when available) 1:00 Bingo