

UPDATE ON SERVICES

Northshore Senior Center facilities will be closed through March 20th, at which time we assume we'll have more information on the risks associated with Covid-19 in our local community so that we can determine how to best move forward.

In the meantime, staff have been working hard to ensure we can bring some of our most important programs and services to seniors in a way that doesn't require people to congregate in large groups.

Starting Monday, we plan to offer the following services:

- Door to door transportation for seniors/people with disabilities for medical appointments. This service will NOT be available to people exhibiting any respiratory symptoms.**
- Meals on Wheels (continuation of existing program)**
- Community Dining (ie--prepared meals) will be offered either for pick up (in the parking lot of the Bothell Senior Center) or delivery**
- Non-perishable food will be available on Tuesday, March 10th from 11am-2pm in the parking lot of the Bothell Senior Center. Delivery may also be available.**
- Limited support will be available to help seniors/people with disabilities get prescriptions, access other food resources, etc.**
- Continued Social Services support for people engaged in caregiver support groups, depression management programs, etc. offered via telephone versus in person.**
- Telephonic support for individuals experiencing depression, loneliness or anxiety, those needing information or resources, and those just needing to talk.**

People needing support can call the senior center starting Monday morning to arrange for services. 425-487-2441. People can also complete the Google Survey linked here and staff will do our best to contact you directly within 1 business day.

<https://forms.gle/1oJfR6Ac8jgh2dHE6>

Please help us spread this information to those in our community who might need support.