


August 2017 Hot Lunch Menu


Northshore Senior Services

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	LUAU! 3	4
	Meatloaf Mashed Potatoes and Gravy Mixed Veggies Chef's Choice Dessert	Beef Stew w/Carrots, Potatoes, Peas Green Salad with Veggies Roll Chef's Choice Dessert	Kahlua Pork Asian Slaw Roasted Sweet Potatoes Haupia	Cajun Panko Tilapia Dirty Rice Southern Style Greens (Collard & Mustard) Roll Chef's Choice Dessert
7	8	9	10	11
NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING GRANNY'S KITCHEN	NO COMMUNITY DINING GRANNY'S KITCHEN
14	15	16	17	18
Tuna Noodle Casserole Mixed Vegetables Chef's Choice Dessert	Sloppy Joe on a Bun Green Salad Potato Chips Chef's Choice Dessert	Chicken Marsala Parmesan Risotto Broccoli Chef's Choice Dessert	Meatballs Mashed Potatoes & Gravy Green Salad w/Veggies Chef's Choice Dessert 	Pork Chops Mashed Potatoes Mixed Vegetables Chef's Choice Dessert
21	22	23	24	25
Chicken Parmigiana Angel Hair Pasta Green Vegetable Salad Garlic Bread Chef's Choice Dessert	Brats Braised Red Cabbage German Potato Salad Chef's Choice Dessert	Tuna Croquettes with Red Pepper Aioli Macaroni & Cheese Mixed Vegetables Chef's Choice Dessert	Hamburgers with Lettuce, Tomato & Pickle Vegetable Slaw Roasted Sweet Potatoes Chef's Choice Dessert	Chicken Alfredo Mixed Green Salad Garlic Bread Chef's Choice Dessert
28	29	30	31	
Roasted Chicken Brown Rice Pilaf Broccoli Roll Chef's Choice Dessert	Salisbury Steak Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Spaghetti with Meat Sauce Green Vegetable Salad Garlic Bread Chef's Choice Dessert	Pork Tenderloin Roasted Potatoes Roasted Brussels Sprouts Chef's Choice Dessert	A \$5 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. Menu is subject to change.

July 2017 Soup & Sandwich Menu Northshore Senior Services

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	2	4
Note: All of the sandwiches are accompanied by the vegetable of the day.	Roast Beef on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Turkey on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Ham & Cheddar on Whole Wheat Bread Soup of the Day Chef's Choice Dessert
7	8	9	10	11
NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING Rummage Sale Prep	NO COMMUNITY DINING GRANNY'S KITCHEN	NO COMMUNITY DINING GRANNY'S KITCHEN
14	15	16	17	18
Salami & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert	Crab Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese on White Bread Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert 	Two Meats & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert
21	22	23	24	25
Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	B.L.T. on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Turkey & Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert
28	29	30	31	
Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese Sliders Soup of the Day Chef's Choice Dessert	Salami & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert	Grilled Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	A \$5 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. Menu is subject to change