

# JUNE 2017 Hot Lunch Menu

# Northshore Senior Services

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
A \$5 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. <b>Menu is subject to change.</b>			Meatballs in Gravy Egg Noodles Mixed Veggies Roll Chef's Choice Dessert	Turkey, Spinach and Cheese Lasagna Green Salad with Tomato & Cucumber Garlic Bread Chef's Choice Dessert
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Spaghetti with Meat Sauce Zucchini Garlic Toast Chef's Choice Dessert	Pork Chops Roasted Potatoes Braised Brussels Sprouts Chef's Choice Dessert	Turkey Alfredo with Fettucine Broccoli Roll Chef's Choice Dessert	Brats Braised Red Cabbage Roasted Carrots Roll Chef's Choice Dessert	Chicken in Mushroom Sauce Brown Rice Mixed Vegetables Roll Chef's Choice Dessert
<b>12</b>	<b>13</b>	<b>14</b>	<b>Birthday Lunch 15</b>	<b>16</b>
Tuna Noodle Casserole Mixed Vegetables Chef's Choice Dessert	BBQ Chicken (Dark Meat) Broccoli Mashed Potato Salad Corn Bread Chef's Choice Dessert	Ham Loaf (Ham, Ground Pork, Oat Meal, Eggs, Milk) Scalloped Potatoes Broccoli Chef's Choice Dessert	Salisbury Steak Mashed Potatoes & Gravy Green Salad Chef's Choice Dessert	Baked Panko Tilapia Brown Rice Pilaf Mixed Veggies Roll Chef's Choice Dessert
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Meatballs in Gravy Egg Noodles Mixed Veggies Roll Chef's Choice Dessert	Roasted Turkey Stuffing, Gravy, Green Beans, Cranberry Sauce Roll Chef's Choice Dessert	Oven Fried Chicken Mashed Potatoes with Gravy Broccoli Chef's Choice Dessert	Pulled Pork on a Bun Green Salad with Veggies Mashed Potato Salad Chef's Choice Dessert	Spaghetti w/Meat Sauce, Green Salad with Veggies Garlic Bread Chef's Choice Dessert
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Chili Dogs Baked Beans Vegetable Salad Chef's Choice Dessert	Sloppy Joe on a Bun Green Salad Potato Chips Chef's Choice Dessert	Pork Chops Mashed Potatoes Mixed Vegetables Chef's Choice Dessert	Beef Taco Salad Black Beans, Corn Tomatoes, Lettuce Tortilla Chips Sour Cream Salsa Chef's Choice Dessert	Fish Sticks Macaroni & Cheese Mixed Veggies Chef's Choice Dessert

# June 2017 Soup & Sandwich Menu Northshore Senior Services

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			<b>1</b>	<b>2</b>
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<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Chicken Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Grilled Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Roast Beef on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese on White Bread Soup of the Day Chef's Choice Dessert	Crab Salad on White Bread Soup of the Day Chef's Choice Dessert
<b>12</b>	<b>13</b>	<b>14</b>	<b>Birthday Lunch 15</b>	<b>16</b>
Salami & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert	B.L.T. on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Turkey on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Two Meats & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	Crab Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Turkey & Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Hot Dog, Caramelized Onions Chips Soup of the Day Chef's Choice Dessert
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese Sliders Soup of the Day Chef's Choice Dessert	Egg Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	BLT on Wheat Bread Soup of the Day Chef's Choice Dessert	Turkey & Cheese On Whole Wheat Bread Soup of the Day Chef's Choice Dessert