# APRIL 2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| | | | | | | **1**<br>8:00 Pancake Breakfast |
| **2** | **3**<br>9:00 Jewelry Cleaning and Repair | **4**<br>*10:30 Property Meeting* | **5**<br>8:30 Men's Breakfast<br>10:00 Caregivers' Support Group<br>11:30 Piano Workshop | **6**<br>10:00 Fishing Club | **7**<br>10:00 The Veterinarian Is In (Mill Creek) | **8** |
| **9** | **10**<br>10:00 Antiques Club<br>*1:30 MC Steering Committee (Mill Creek)* | **11**<br>10:00 Rescheduled Downtown Redevelopment<br>12:45 Opioid Awareness<br>***7:30 Boeing Band*** | **12**<br>10:00 Diabetes/Pre-diabetes<br>10:00 Financial Literacy Workshop (Mill Creek)<br>1:00 BrainDance<br>*1:00 KM Steering Committee (Kenmore)* | **13**<br>9:30 Wills vs Trust | **14** | **15**<br>8:00 Pancake Breakfast |
| **16** | **17**<br>11:00 Mindercise—Memory Enhancement (Kenmore)<br>12:00 Stamp Club | **18**<br>1:00 Seasonal Affective Disorder (Mill Creek)<br>1:00 Healthcare & Your Retirement Seminar<br>*2:00 Finance Meeting*<br>*5:00 Board Meeting* | **19**<br>11:30 Piano Workshop<br>2:00 Newcomer's Orientation<br>4:00 Reverse Mortgages<br>6:30 Adult Children of Aging Parent Support Group | **20**<br>1:30 Kickoff Meeting for Ransacked Attic Sale | **21**<br>10:00 Book Club (Death at La Fenice)<br>2:00 Medicare. What You Need to Do (Mill Creek) | **22** |
| **23** / **30** | **24** | **25**<br>12:45 Vegetarian Class "Have Fun w/ Lettuce" | **26**<br>***11:30 Volunteer Luncheon*** | **27**<br>*12:00 Outreach Meeting* | **28**<br>1:00 Birth of American Soundtrack (Mill Creek) | **29**<br>9:00 Paper Shredding & Recycling Event |

# RECURRING WEEKLY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 12:45 Pinochle<br>2:00 Coffee & Conversation<br>1:00 Ping Pong | 8:15 Enhance Fitness<br>9:00 Foot Care<br>9:30 Enhance Fit.Adv.<br>9:30 German Conversation<br>10:00 Plein Art<br>11:00 Zumba Gold<br>11:45 Community Dining Lunch Program<br>12:30 Pickleball<br>1:00 Astronomy<br>1:30 Senior Songsters | 8:30 Senior Strength<br>9:00 Foot Care<br>9:00 Walking Group<br>9:30 Woodcarving<br>9:30 Knit Wits<br>9:30 Golf Club<br>9:30 Pickleball<br>10:00 Blood Pressure Checks<br>10:00 Variety Show & Band (rehearsals)<br>11:45 Community Dining Lunch Program<br>1:00 Pie Day<br>1:00 Genealogy Beg.<br>1:00 Basic Art & Mixed Media<br>1:00 Bocce Ball<br>1:00 Qigong<br>2:30 Genealogy Inter. | 8:15 Enhance Fitness<br>9:30 Enhance Fit. Adv.<br>9:30 Mah Jongg<br>10:00 Ceramics<br>10:00 Visual Art Journaling<br>10: 30 Tell Your Own Story<br>11:00 Zumba Gold<br>11:45 Community Dining Lunch Program<br>12:00 Bridge<br>12:45 Double Deck Pinochle<br>12:30 Oil And Acrylic Painting<br>12:30 Quilt Group<br>1:00 Sharing & Caring<br>1:00 Brief Hist. of Tribal Art and Design<br>2:30 Guitar Group<br>2:30 Ballroom Dance Lessons (2nd, 4th, 5th week)<br>3:00 Ballroom Dance Lessons (1st, 3rd week)<br>5:30 Pickleball<br>6:30 Driftwood | 8:30 Driftwood<br>8:30 Senior Strength<br>8:30 Yoga<br>9:00 Craft Club<br>9:00 Walking Club<br>10:00 Line Dancing<br>11:00 Colored Pencil<br>11:00 Seated Yoga<br>11:45 Community Dining Lunch Program<br>12:30 Hand & Foot<br>12:30 Pickleball<br>12:45 Pinochle<br>1:00 Current Issues<br>1:00 Adventures in World Literature | 8:15 Enhance Fitness<br>9:00 Watercolor<br>9:30 Enhance Fitness Advanced<br>10:30 Cribbage<br>11:00 CODA<br>11:00 Zumba Gold<br>11:30 Duplicate Bridge<br>11:45 Community Dining Lunch Program<br>12:00 Pickleball<br>1:00 Poetry Group<br>1:30 Tai Chi<br>2:30 Pickleball<br>1:00 Poker | 1:00 Bingo |