

# January 2018 Hot Lunch Menu

# Northshore Senior Center

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>NEW YEAR'S DAY</b>  <b>CLOSED</b>	Sloppy Joe on a Bun /Lettuce Cup Green Veggie Salad Potato Chips Chef's Choice Dessert	BBQ Chicken Southern Style Green Beans Macaroni & Cheese Chef's Choice Dessert	Shepard's Pie Roasted Butternut Squash Chef's Choice Dessert	Beef Stuffed Cabbage Rolls Mixed Vegetables Roll with Butter <b>ICE CREAM BAR</b>
<b>8</b>	<b>9</b>	<b>CHEF RAY DAY!! 10</b>	<b>11</b>	<b>12</b>
Moo Goo Gai Pan Fried Rice Stir Fried Veggies Chef's Choice Dessert	Enchilada Casserole Spanish Rice Tomato Salad Chef's Choice Dessert	Pulled Pork BBQ Beans Cole Slaw Cornbread Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Beef Stew in a Bread Bowl Broccoli  <b>ICE CREAM BAR</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>Birthday Lunch 18</b>	<b>19</b>
<b>MARTIN LUTHER KING JR DAY</b>  <b>CLOSED</b>	Italian Links Pasta Veggie Salad Garlic Bread Chef's Choice Dessert	Pork Roast Roasted Sweet Potatoes Brussels Sprouts Chef's Choice Dessert	Beef Taco Salad w/Salsa, Sour Cream, Tortilla Chips Black Beans & Corn Birthday Cake  	Tuna Croquettes Macaroni & Cheese Tomato Salad  <b>ICE CREAM BAR</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Sweet & Sour Pork Vegetable Lo Mein Egg Rolls Chef's Choice Dessert	Salisbury Steak Mashed Sweet Potatoes Mixed Vegetables Chef's Choice Dessert	Arroz Con Pollo Sauteed Corn Marinated Vegetable Salad Chef's Choice Dessert	Spaghetti & Meatballs Vegetable Salad Garlic Bread Chef's Choice Dessert	Turkey Tetrizzini Spinach Salad Roll with Butter  <b>ICE CREAM BAR</b>
<b>29</b>	<b>30</b>	<b>31</b>		
Tuna Noodle Casserole Mixed Veggies Chef's Choice Dessert	Cider Glazed Ham Scalloped Potatoes Brussels Sprouts & Butternut Squash Chef's Choice Dessert	Beef Chili Cornbread & Butter Cabbage & Vegetable Slaw Chef's Choice Dessert	<b>Menu is subject to change</b>  <b>Milk Refills \$ .50</b>	A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly..

# January 2018 Soup & Sandwich

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<b>NEW YEAR'S DAY</b>  <b>CLOSED</b>	Reuben Soup of the Day Chef's Choice Dessert	Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	Turkey & Swiss on Whole Wheat Soup of the Day Chef's Choice Dessert	Ham & Cheddar on Whole Wheat Bread Soup of the Day <b>ICE CREAM BAR</b>
8	9	10	11	12
Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Grilled Cheese Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Chili Dogs with Cheese & Onions Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day <b>ICE CREAM BAR</b>
15	16	17	<b>Birthday Lunch</b> 18	19
<b>MARTIN LUTHER KING JR DAY</b>  <b>CLOSED</b>	Ham & Cheese on White Bread Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert	Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert  	Two Meats & Cheese Soup of the Day <b>ICE CREAM BAR</b>
22	23	24	25	26
Turkey & Swiss on Whole Wheat Soup of the Day Chef's Choice Dessert	Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Turkey and Bacon Club Sandwich Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Swiss on Whole Wheat Soup of the Day <b>ICE CREAM BAR</b>
29	30	31		
Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Grilled Cheese Soup of the Day Chef's Choice Dessert	<b>Milk Refills \$.50</b>  Note: All of the sandwiches are accompanied by the vegetable of the day	A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. <b>Menu is subject to change</b>