## August 2018 Soup & Sandwich Northshore Senior Center

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
•		1	2	3
A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly.  Menu is subject to change	Milk Refills \$.50  Note: All of the sandwiches are accompanied by the vegetable of the day	Vegewich: Hummus, Spinach, Cucumber, Avocado, Tomato Soup of the Day Chef's choice Dessert	Turkey & Bacon Club Sandwich Soup of the Day Rice Krispie Treats	Ham & Swiss on Whole Wheat Soup of the Day ICE CREAM BAR
6	7	8	9	10
BOX LUNCH DAY	BOX LUNCH DAY	BOX LUNCH DAY	GRANNY'S KITCHEN	GRANNY'S KITCHEN
13	14	115	Birthday Lunch 16	17
Ham & Swiss on Whole Wheat Soup of the Day Chef's Choice Dessert	Chili Dogs with Cheese & Onions Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert	Vegewich: Hummus, Spinach, Cucumber, Avocado, Tomato Fen's French Onion Soup Birthday Cake	Two Meats & Cheese Soup of the Day ICE CREAM BAR
20	21	22	23	24
Tuna Salad on Whole Wheat Soup of the Day Chef's Choice	Chicken Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Dessert Cold Cut Trio Sub: Ham, Turkey, Pastrami & Cheddar Soup of the Day Chef's Choice Dessert	Grilled Cheese Tomato Soup Chef's Choice Dessert	Ham & Swiss on Whole Wheat Soup of the Day ICE CREAM BAR
27	28	29	30	31
Egg Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert	French Dip Soup of the Day Chef's Choice Dessert	Turkey & Provolone on Whole Wheat Soup of the Day Chef's Choice Dessert	Roast Beef & Cheddar on Wheat Bread Soup of the Day ICE CREAM BAR

## August 2018 Hot Lunch Menu

## **Northshore Senior Center**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly	Menu is subject to change Milk Refills \$.50	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Spaghetti & Meatballs Spinach Salad Garlic Bread Rice Krispies Treats	Tuna Croquettes Macaroni & Cheese Mixed Vegetables  ICE CREAM BAR
6	7	8	9	10
BOX LUNCH DAY	BOX LUNCH DAY	BOX LUNCH DAY	GRANNY'S KITCHEN	GRANNY'S KITCHEN
13	14	15	Birthday Lunch 16	17
Chicken Enchiladas Refried Beans Marinated Vegetable Salad Chef's Choice Dessert	Seasoned Pork Tenderloin Sauteed Cabbage & Carrots Roasted Sweet Potatoes Chef's Choice Dessert	Salisbury Steak Roasted Potatoes Mixed Vegetables Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Birthday Cake	Oven Fried Chicken Tenders Green Salad Roasted Potatoes ICE CREAM BAR
20	21	22	23	24
Glazed Ham Roasted Carrots Scalloped Potatoes Chef's Choice Dessert	Chicken & Sausage Jambalaya Collard Greens Cornbread Chef's Choice Dessert	BBQ Pork Ribs Vegetable Slaw BBQ Beans Chef's Choice Dessert	Hamburger with Lettuce, Tomato & Pickle Potato Chips Broccoli Salad Chef's Choice Dessert	Tuna Noodle Casserole Cheddar Biscuits sdgMixed Vegetables  ICE CREAM BAR
27	28	29	30	31
Italian Links Pasta Spinach Salad Garlic Bread Chef's Choice Dessert	Sloppy Joes on a Bun Potato Chips Vegetable Slaw Chef's Choice Dessert	Beef Stuffed Bell Peppers Green Salad Roll with Butter Chef's Choice Dessert	. Arroz con Pollo Sauteed Corn Marinated Vegetable Salad Chef's Choice Dessert	BBQ Chicken Mashed Potato Salad Three Bean Salad Chef's Choice Dessert