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the Northwest's Newest Premier Retirement Living Building...*

Dolcetto

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Chateau offers both **Month to Month** and **Buy-In** options. Chateau Retirement Communities believes in flexibility and conscious wealth management. Our Buy-In Option upholds these values by helping you to lower your monthly costs of living on your terms and preserve capital. You put money in, it lowers your monthly costs and when you're done, you get it all back. **Your investment is always 100% refundable!**

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Mill Creek Line Dancing

Advanced Beginner/Improver Class - For those who are ready to go to the next level of line dancing, know the basic line dance steps and want more dance time, this is for you. Join in on the fun and exercise. Come with comfortable shoes and water.

Beginner - Class is for those who have never danced before but would like to learn or are not ready to move to the next level. This class is designed for beginners and advanced beginners. It's a great way to get some fun exercise and enjoy a variety of music.

\$10 nonmember/\$5 member, per class

M Senior Center
Wednesday, Advanced Beginners,
9:30am - 10:30am
Wednesdays, Beginners, 11am - noon
Instructor: Barbara Heidel

DAY TRIPS

The First Day to sign up for Bothell And Kenmore Winter Day Trips is Wednesday, Jan 3, 9am, Room 103. To sign up for Mill Creek Winter Day Trips call Gayla at 425-273-0063.

Note: Trips are organized by date of trip

Andrew Wyeth At The SAM

We'll enjoy a guided tour of the visiting exhibition featuring the great American artist, Andrew Wyeth. Over 100 of his works, spanning 75 years, are in the current Seattle Art Museum (SAM) show. Lunch will be on your own in SAM's Taste Café. There are benches to sit on throughout the museum. Fee pays for exhibit and mileage.

\$54 nonmember/\$27 member

M Thursday, Jan 4, 11am - 3pm



In Search Of Eagles 2018

Don't miss out on this great opportunity to see these majestic birds. We will explore several areas near the river where they love to fish. Bring your camera for some great wildlife shots. The trip fee includes your lunch and transportation.

\$96 nonmember /\$48 member



M Friday, Jan 5, 9am - 3pm

Tulalip Casino

Join your friends from NSC for an enjoyable day out at Tulalip Casino. Maybe it will be your lucky day! Enjoy an assortment of eateries. Eagles Buffet has a wide selection or you can stop for a quick bite at the Canoes Carvery.

\$10 nonmember/\$5 member



B Thursday, Jan 11, 9am - 2pm
Thursday, Feb 8, 9am - 2pm
Thursday, Mar 8, 9am - 2pm

Le Bistro And Shopping

Come out in support of local culinary students who perform all of the jobs at this Everett restaurant. You may choose to try the daily chef special or any of their sandwiches. The meal comes with a handcrafted dessert. After lunch, we will visit a family owned gift and kitchen store nearby. The trip fee includes lunch, tax, tip and transportation costs.

\$52 nonmember/\$26 member



M Thursday, Jan 11, 11am - 2pm

Hockey Game

It's an afternoon game at Xfinity Arena. Let's cheer on the local team. The seats are close and do not require walking stairs. Plan to eat your dinner at one of the many food vendors in the venue. Your fee includes transportation and ticket to the game only.

\$48 nonmember/\$24 member



M Monday, Jan 15, 3pm - 7:30pm

Angel Of The Winds

Tons of fun, and good food await the 12 lucky gamblers who sign up early for these special Bothell trips, driven by our own Chico Meza. Angel will greet us, and give out \$5 gaming credits and a \$5 buffet coupon. This is a smoking venue with good ventilation.

\$34 nonmember/\$17member

B Wednesday, Jan 17, 9am - 3pm
Wednesday, Mar 14, 9am - 3pm



Dim Sum In The Village

Dim Sum are small plates of wonderful goodness, and this restaurant presents "a classic taste of Taiwan"! We'll eat lunch in University Village at an internationally acclaimed (selected one of 10 best dim sum restaurants in the world in 1993); then wander around University Village for some shopping. We'll finish off at a Cupcake store for dessert! Gluten-free small plates and soup are available for dim sum, and we'll make sure they are included in our feast. Fee pays for lunch and mileage.

\$70 nonmember/\$35 member



M Wednesday, Jan 17

Bothell City Hall

Bothell has a New City Hall Building. We will have a tour of the new building and learn about the various departments and services available. An invitation has been sent to the City Manager to talk to us. If she is not available, we will have someone from their leadership team talk to us. If you have questions you will be able to ask them. Lunch will be on your own at a local restaurant after the tour.

\$16 nonmember/\$8 member



B Monday, Jan 22, 10am - 2:30pm

Chihuly Garden Of Glass

Come enjoy the genius of Dale Chihuly in the wonderful exhibit at Seattle Center. We'll stop for lunch first; then travel to the museum in time to hear several of the expert talks. Lunch will be on your own. Trip fee pays for museum entrance and mileage.

\$74 nonmember/\$37 member



M Tuesday, Jan 23, 10:30am - 3pm

\$ Bookie Van Fundraiser \$

It's time to retire the small trip van and your Bookies have approval from the Board to fundraise.

Our goal is \$26,000. Donations tax deductible!

No amount too large or too small: it all counts!

Make checks out to the Northshore Senior Center reference "New Van" and put in collection jar in Bookie office. Let's put new wheels on the road!

Bill And Melinda Gates Foundation

The Gates Foundation built the Visitor Center to motivate and inspire people to take action – in their own unique ways to improve the lives of others. Through displays, interactive exhibits and programs, they work to highlight the important progress being made in Seattle and around the World. During a 60 minute guided tour, you will find stories of work that is improving lives from Seattle to South Africa. You will also have time for independent exploration. Lunch on your own afterwards.

\$28 nonmember/\$14 member



B Friday, Jan 26, 9am - 2pm

Mediterranean Feast And Trader Joe Tour

Do you enjoy Mediterranean flavors of lemon, turmeric, and cardamom, or do you want to try them? We'll go for a quick lunch at a local Mediterranean restaurant in Totem Lake shopping area; then tour the updated Trader Joe's store nearby. Guaranteed to excite your taste buds! Lunch is on our own. Fee pays for mileage only.

\$18 nonmember/\$9 member



M Wednesday, Jan 31, 10:15am - 1:30pm

Fir Island Snow Geese, Trumpeter Swans, Overnight Trip

We will be in search of Snow Geese & Trumpeter Swans in the La Conner area: specifically Fir Island. We will overnight at a casino near Anacortes. This is a spectacular area with beautiful mountain and salt water views in addition to a large variety of wildlife. The numbers vary but about 55,000 Snow Geese and 10,000 Trumpeter Swans come to the Skagit area each winter. Be sure to bring binoculars, cameras, warm clothing and some snacks. We will have several areas to check out and some places we will access to trails for viewing. All meals are on your own. Deadline for sign up is January 9, 2018.

\$114 single occupancy/\$76 double occupancy

B Monday, Feb 5, leave 10 am
Tuesday, Feb 6, return 4pm



High Tea And Sculpture Painting Gilman Village

Time for Arts and Crafts! We'll go to Mud House Pottery in Gilman Village, where each attendee will pick out a mug, plate, or something else to paint, and paint away. Then, we'll go to Paisley Parlour (also in Gilman Village) for High Tea – assorted tea sandwiches, scones with clotted cream and preserves, assorted pastries, and TEA. Everything (pottery painting, tea, and mileage) is included in the fee.

\$106 nonmember/\$53 member



M Monday, Feb 5, 9am - 2:30pm

Hydroplane/Raceboat Museum And Lunch

If you love fast boats and racing, this trip is for you. We have a private tour of the facility and the curator suggested a great local restaurant and brewery nearby for lunch. The trip fee includes transport on the van and tour, but lunch is on your own.

\$54 nonmember/\$27 member



M Thursday, Feb 8, 10am - 2:30pm

Cascadia Art Museum

The new Cascadia Art Museum in Edmonds is well worth a visit. The show we will be attending is called Arts & Crafts, Mid-Century Modern. This includes furniture, art, clothing, textiles, and pottery pertaining to the period from 1940 to 1960. Should be an interesting look back in history. Lunch on your own in Edmonds.

\$24 nonmember/\$12 member



K Saturday, Feb 10, 10:30am - 3pm

Chocolate Candy Making

Just in time for Valentine's Day! We will travel a short distance to a candy supply company for our private, hands-on candy making class and experience. All supplies are included for each of us to make a pound of chocolates – filled, fancy, or of your own creation. We will leave with our candy, a mold and the ability to make even more at home. To help ensure that we don't dig into our take-home goodies, light snacks will be served on the return trip.

\$68 nonmember/\$34 member



B Tuesday, Feb 13, 9:15am - 1pm

B=Bothell, **H&W**=Health and Wellness, **K**=Kenmore,
M=Mill Creek, **W**=Woodinville, **PK**=Peter Kirk

Ramen Soup And Movie In Northgate Mall

Come enjoy authentic Japanese ramen in a well-known noodle house in Northgate Mall. (Note that they have non-wheat noodles available.) Next, we will watch a show at Northgate Cinema! Fee covers movie ticket and mileage. Lunch is on your own.

\$38 nonmember/\$19 member



M Tuesday, Feb 13, 10:30am - 3pm

Quilters Anonymous

Its time again for our annual trip to the Quilt Show in Monroe. There will be over 500 quilts on display, also free demonstrations, workshops and great vendors. The fairgrounds will also be hosting other events that day. Lunch on your own.

\$44 nonmember/\$22 member



K Saturday, Mar 17, 9:30am - 3pm

Shop Local Small Business And Lunch

Show your support for local private shops and boutiques. The trip includes visits to three shops and lunch at a family owned restaurant. The trip fee includes transportation. Lunch is on your own.

\$20 nonmember/\$10 member



M Wednesday, Feb 21
10am - 2pm

Look At The Snow Geese!

We'll travel north to Fir Island to admire the annual migration gathering of huge white snow geese. Bring your cameras! Afterwards, we'll stop for lunch on your own. Trip fee is for transportation only.

\$48 nonmember/\$24 member



M Friday, Feb 23, 9:30am - 2:30pm

Michael Feinstein

Michael Feinstein has built a dazzling career over the last three decades bringing the music of the Great American songbook to the world. His work as an educator and archivist define Feinstein as one of the most important musical forces of our time. Winner of Drama Desk Special Award for celebrating American musical theater songs – a true showman. Tickets may be transferred but not refunded.

\$150 nonmember/\$75 member



B Saturday, Feb 24, 6:30pm - 11pm

Gates Foundation Discovery Center

Travel to downtown Seattle to visit the newly-updated Discovery Center for the Gates Foundation. During our free tour, we will learn about all the charity work that the Foundation is doing, around the globe. We will make a stop for lunch on your own. The fee covers mileage.

\$28 nonmember/\$14 member



M Tuesday, Feb 27, 9am - 1:30pm

Chihuly Garden And Glass

This Seattle treasure features an Exhibition hall of eight individual galleries showcasing everything from **Dale Chihuly's early Native American**-inspired works to his sea life collection of translucent anemones and the colorful and imaginative shapes of his Mille Fiori project; a massive Glasshouse, a 40 foot tall, glass and steel structure that's home to one of the Chihuly's largest-ever suspended glass art pieces, and a flora filled garden featuring four of Chihuly's most monumental glass works. Remember to bring a camera, since flash photograph is permitted throughout the entire museum. The bookstore is where you can purchase your own Chihuly artwork and peruse gifts made by over 40 local artists from the Pacific Northwest. Lunch on your own, at the Armory Food Court nearby with 17 options for eating.

\$68 nonmember/\$34 member



B Thursday, Mar 1, 10:15am - 2:30pm

New Day NW Show

This is your chance to be part of an audience on the King 5 Weekday Morning Show, NEW DAY NORTHWEST, hosted by Margaret Larson. The program is live and includes a variety of subjects and guests such as authors, designers, artists, musicians, celebrities and sports stars. No food or drink in the Studio, and no photos during taping. The taping takes about 90 minutes, but during commercials we can stand and stretch. No bathroom breaks. Enjoy the program and be ready to applaud. Seating is limited to 10 people only – be sure to sign up early. Lunch will be on our way home, not included in the cost.

\$28 nonmember/\$14 member



B Thursday, Mar 8, 8:15am - 1:30pm

Swedish Breakfast At IKEA

We'll enjoy an inexpensive Swedish breakfast at IKEA in Renton, then tour and shop in the updated IKEA store. The manager will be available to show us around and answer any questions. Breakfast is on your own; tour is no charge. Fee covers mileage only. Free wheelchairs are available for those who prefer riding.

\$38 nonmember/\$19 member



M Thursday, Mar 8, 8am - 1pm

High Tea In Mt. Vernon

Add soup or a salad with an elegantly served high tea and you will be in heaven. Tea enthusiasts will love this trip and get to see some great scenery on the drive. The trip fee includes all food, tax, tip and transportation.

\$94 nonmember/\$47 member



M Wednesday, Mar 14, 11am - 2pm

St. Patrick's Theatre Celebration

Join us for Geoffrey Castle's 13th Annual St. Patrick's Celebration at the Kirkland Performance Center. Castle, a renowned electric violinist and showman, will be joined by his All Star Band of local members and members of the Seattle Irish Dance Company, along other special musical guests. A rousing evening of Celtic music and fancy footwork is sure to provide us with a good time – and perhaps the opportunity for some foot stomping and singing of our own. Perhaps the wee leprechauns will also leave a wee treat for us on the bus as we head back home! Tickets are transferrable but not refundable.

\$92 nonmembers/\$46 members



B Thursday, Mar 15, 5:30pm - 10pm

Orcas Island Overnight

Set your alarm early for this fun overnight. Rooms are reserved at a beautiful resort and spa. Activities will include exploration of this beautiful island's features and time for shopping in Eastsound. The trip fee covers van transport, ferry fees and all lodging fees. Lunch on Friday and a continental breakfast on Saturday are included. You will be responsible for one lunch and one dinner.

\$135 double occupancy/\$200 single occupancy

M Friday, Mar 16, 8am depart

Saturday, Mar 17, 10pm return



Winter Bakery Warm Up

You must try this trip if you dare. It is buns, bread, pastries and so much fun and calories you will be talking about it for days. If you have been on previous bakery runs...this trip includes three new places. Trip fee covers transportation and Tums! \$32 nonmember/\$16 member



M Tuesday, Mar 20, 9am - 1pm

Seattle Aquarium And Wings Over WA

Today is the first day of spring so let's check out the Seattle Aquarium and Wings Over Washington on the Seattle Waterfront. At the Aquarium, we will see Marine mammals, and maybe feedings. We will also see the huge octopus. Wings Over Washington is an "Aerial Adventure" in a state of the art theater. From your theater seat you journey across the State of Washington from Olympic National Forest to the Walla Walla Valley in a most dramatic way! Lunch will be on your own.

\$52 nonmember/\$26 member



B Tuesday, Mar 20, 9am - 3:30pm

Cannabis Grower And Store Tour

Here's an excellent chance to learn about the latest information on pot growing, new products and be able to get a clear and easier understanding of the whole subject. We will visit a shop in Seattle that grows the plants under controlled conditions and learn about the different parts of the plant and the growing process. Then we will take the tour down the hall to see into a cannabis extraction lab and talk with one of the scientists who will tell us all about extraction. We'll discuss different consumption methods, different levels of experience that cannabis offers and see products that are popular with the senior crowd. Finally everyone is free to roam around the store to view the products and talk with friendly guides to get your questions answered. Lunch after the tour on your own.

\$24 Nonmember/\$12 Member



B Thursday, Mar 22, 10:15am - 2:30pm

Walking Symbols

Mild Walking



Moderate Walking



Extensive Walking (with stairs)



Pike Place Market

Go with us to Pike Place Market in downtown Seattle. We can shop from dozens of local farmers who bring their fresh, just picked that morning produce, flowers and specialty farm products to Pike Place or discover unique handmade items from 225 local and regional artisans. There are also dozens of special food stores that carry pasta, spices, oils, teas, cheeses and meat, four fresh seafood markets and five levels of shops specializing in collectibles, jewelry, books, art and more. Time to browse, shop and wander through the country's oldest farmers market while being entertained by street performers and musicians. Lunch on your own while at the Market.

\$20 nonmember/\$10 member



B Friday, Mar 23, 10am - 3pm

Daytrip Departure Locations

- B** Bothell Day trips will depart from 19510 100th Ave NE, Bothell. Please park away from the church on the North side of the lot. Easiest way to get there is North on Bothell Way NE (Hwy 527) right on NE 190th St. and left on 100 Ave NE. Entrance to parking lot is off 100th. Saturday and Sunday at NSC upper parking lot.
- K** Kenmore Day trips depart from the Bothell Departure address listed above or the Kenmore Senior Center Parking Lot.
- M** Mill Creek Day trips depart from Brookdale, 14905 Bothell Everett Hwy, Mill Creek.

Fees are non-refundable seven days prior to a trip or after the deadline date unless cancelled by us.

Note: Day Trip Vans are not wheelchair accessible. Walkers have to be light weight with folding capabilities, maximum 2 walkers - please declare at time of purchase. *We reserve the right to reject any person as a tour participant and expel anyone whose conduct is incompatible with the interest of the tour group.*



PRIMEFIT GYM

You are invited to check out our PrimeFit Gym!

At Fairwinds - Brittany Park Retirement Community everything about our fitness program is motivating and convenient. We offer strength, balance, and stretching classes, chair yoga, team sports, Healthways by Silver Sneakers and more.

Visit soon. Take a look around, meet our certified trainers, and discover just how fun retirement can be!

Not a resident? No worries! Ask us about our gym membership program.

Call (425) 318-1056 now to schedule your visit!



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