

July 2018 Hot Lunch Menu

Northshore Senior Center

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Dining Room Picnic 3	4	5	6
Beef Taco Salad w/Salsa, Sour Cream, Tortilla Chips Black Beans & Corn Chef's Choice Dessert	Cold Fried Chicken Tenders Mashed Potato Salad 3 Bean Salad Angel Food Cake with Fresh Berries & Crème Fraiche	CLOSED 4th of July 	Curried Chicken & Broccoli Bake Spinach Salad Roll with Butter Rice Krispies Treats	Chicken Alfredo Spinach Salad Garlic Bread ICE CREAM BAR
9	10	11	12	13
Chicken & Dumplings Broccoli Chef's Choice Dessert	Beef Stroganoff With Mushrooms & Egg Noodles Broccoli & Cauliflower Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Grilled Chicken Enchiladas Refried Beans Marinated Vegetable Salad Chef's Choice Dessert	Spaghetti & Meatballs Spinach Salad Garlic Bread ICE CREAM BAR
16	17	18	Birthday Lunch 19	20
Filet of Beef, Sautéed Mushrooms, Creamed Spinach Roasted Yukon Potatoes Chef's Choice Dessert	Seasoned Pork Tenderloin Sautéed Cabbage & Carrots Roasted Sweet Potatoes Chef's Choice Dessert	Roasted Chicken Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Birthday Cake 	Beef Stuffed Bell Peppers Green Salad Roll with Butter ICE CREAM BAR
23	24	25	26	27
BBQ Pork Ribs Vegetable Slaw BBQ Beans Chef's Choice Dessert	Santa Maria Beef Tri-Tip Roasted Sweet Potatoes Vegetable Salad Chef's Choice Dessert	Glazed Ham Roasted Carrots Scalloped Potatoes Chef's Choice Dessert	Hamburger with Lettuce, Tomato & Pickle Potato Chips Vegetable Slaw Chef's Choice Dessert	Tuna Croquettes Macaroni & Cheese Mixed Vegetables ICE CREAM BAR
30	31			
Arroz con Pollo Sautéed Corn Marinated Vegetable Salad Chef's Choice Dessert	Sloppy Joes on a Bun Potato Chips Vegetable Salad Chef's Choice Dessert		A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly.	Menu is subject to change Milk Refills \$.50

July 2018 Soup & Sandwich

Northshore Senior Center

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Dining Room Picnic 3	4	5	6
Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	Cold Fried Chicken Tenders Mashed Potato Salad 3 Bean Salad Angel Food Cake with Fresh Berries & Crème Fraiche	CLOSED 4th of July 	Turkey & Bacon Club Sandwich Soup of the Day Rice Krispie Treats	Turkey & Swiss on Whole Wheat Soup of the Day ICE CREAM BAR
9	10	11	12	13
Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Grilled Cheese Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Chili Dogs with Cheese & Onions Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day ICE CREAM BAR
16	17	18	19	20
Ham & Swiss on Whole Wheat Soup of the Day Chef's Choice Dessert	French Dip Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert	Grilled Cheese Soup of the Day Chef's Choice Dessert	Two Meats & Cheese Soup of the Day ICE CREAM BAR
23	24	25	Birthday Lunch 26	27
Cold Cut Trio Sub: Ham, Turkey, Pastrami & Cheddar Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Vegewich: Hummus, Spinach, Cucumber, Avocado, Tomato Fen's French Onion Soup Birthday Cake 	Ham & Swiss on Whole Wheat Soup of the Day ICE CREAM BAR
30	31			29
Egg Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert		A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. Menu is subject to change	Milk Refills \$.50 Note: All of the sandwiches are accompanied by the vegetable of the day