

JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HOLIDAY 	2 10:00 Women's Coffee Hour (Mill Creek)	3 8:30 Men's Breakfast 10:00 Caregivers' Support Group 11:30 Piano Workshop	4 10:00 Fishing Club 10:30 Caregivers' Support Group (Mill Creek)	5	6 8:00 Pancake Breakfast
7	8 10:00 Antiques Club 1:00 WA Connection—Your Link to Services (Peter Kirk) 1:30 Mill Creek Committee (Mill Creek)	9 9:00 AARP Smart Drive Course 1:00 Return to Sender	10 10:00 Do You Have Your House in Order? (Mill Creek) 10:00 Diabetes/Pre-Diabetes 1:00 Moving Through the Pain (Mill Creek) 1:00 Kenmore Committee (Kenmore)	11 9:00 Probate-What Is It & Do I Need to Avoid it? 10:00 Living Sustainably in a Changing Environment (The Next Industrial Revolution)	12 11:15 Men's Coffee Hour (Mill Creek)	13 4:00 New Year's Bash!
14	15 HOLIDAY 	16 9:00 AARP Smart Drive Course 10:00 Parkinson's Support Group 10:00 Women's Coffee Hour (Mill Creek) 1:00 Bring Balance to Your Budget 1:30 Newcomer's Orientation 5:00 Board Meeting	17 10:00 Is Your Will or Trust Set Up to Reflect Your Needs & Wishes? (Mill Creek) 11:30 Piano Workshop 6:30 Adult Children of Aging Parent Support Group	18 8:30 Finance Committee 10:30 Caregivers' Support Group (Mill Creek)	19 10:00 Book Club	20 8:00 Pancake Breakfast
21	22 12:00 Stamp Club	23 1:00 Loss & Grief in Life Transitions	24 10:00 Cannabis Education Seminar (Mill Creek) 1:00 Probate-What is It & Do I Need to Avoid It (Kenmore)	25 10:00 Living Sustainably in a Changing Environment (Local Effect of Climate Change) 12:00 Outreach Meeting	26 11:15 Book Club (Mill Creek) 11:15 Men's Coffee Hour (Mill Creek)	27
28	29	30	31 1:00 Revocable Living Trusts vs Wills (Kenmore)			

RECURRING WEEKLY (BOTHELL ONLY)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:45 Pinochle 2:00 Coffee & Conversation 1:00 Ping Pong	8:00 Open Art Studio 8:15 Enhance Fitness (no class Jan 1&15) 9:30 Enhance Fit. Adv. (no class Jan 1&15) 9:30 German Conversational (no class Jan 1&15) 11:00 Zumba Gold (no class Jan 1&15) 11:30 Happiness Workshop (no class Jan 1&15) 11:45 Community Dining (no lunch Jan 1&15) 12:00 Gateway to Modern Board Games (no class Jan 1&15) 12:30 Pickleball (no games Jan 1&15) 1:00 Astronomy (no class Jan 1&15) 1:00 Everyone Can Write (Jan 22-Mar 26) 1:30 Senior Songsters (no class Jan 1,8,15)	8:30 Senior Strength 9:00 Walking Group 9:30 Woodcarving 9:30 Knit Wits 9:30 Golf Club 9:30 Pickleball (Adv.&Inter.) 10:00 Variety Band 10:00 Wii Bowling & Wii Golf (H&W) 11:45 Community Dining 12:00 Pickleball (Beg. & Novice) 12:00 Rock Steady Boxing (H&W) 12:30 Wii Bowling & Wii Golf (H&W) 1:00 Everyone Can Write 1:00 Basic Art & Mixed Media 1:00 Genealogy Beginning 1:00 Qigong 2:00 Qigong Advanced 2:30 Genealogy Intermediate 2:30 Yoga for Parkinson's 6:00 Yoga-Hatha (H&W)	8:15 Enhance Fitness 9:30 Enhance Fit. Adv. 9:30 Mah Jongg (Riverside Landing) 10:00 Ceramics 10:00 Art Journaling for Women 10:30 Tell Your Own Story 11:00 Zumba Gold 11:45 Community Dining 12:00 Bridge 12:30 Oil And Acrylic Painting 12:30 Quilt Group 12:45 Double Deck Pinochle 1:00 Sharing & Caring 1:00 Ballroom Dance (1st & 3rd week) 2:30 Guitar, Anyone? 2:30 Ballroom Dance Lessons (2nd, 4th, 5th week) 3:00 Ballroom Dance Lessons (1st and 3rd week) 5:30 Pickleball 6:30 Driftwood	8:30 Driftwood 8:30 Senior Strength 8:30 Yoga 9:00 Creative Needle & Craft 9:00 Walking Group 10:00 Wii Bowling & Wii Golf (H&W) 10:00 Pain Free Posture Alignment Therapy 11:00 Colored Pencil/Drawing 11:00 Seated Yoga 11:00 Meditation Practice 11:45 Community Dining 12:00 Rock Steady Boxing (H&W) 12:30 Hand & Foot 12:30 Wii Bowling & Wii Golf (H&W) 12:30 Pickleball (Adv. & Inter.) 12:45 Pinochle 1:00 Current Issues 1:00 Adventures In World History Moorish Spain (Jan 11-Mar 1) 2:30 Pickleball (Beg. & Novice)	8:15 Enhance Fitness 9:00 Watercolor 9:30 Enhance Fit. Adv. 10:30 Cribbage 11:00 CODA 11:00 Zumba Gold 11:30 Duplicate Bridge 11:45 Community Dining 12:00 Pickleball 1:00 Poetry Group 1:00 Poker 1:30 Tai Chi 1:30 Discover Your Wisdom	9:00 Pickleball (when available) 1:00 Bingo