


September 2018 Soup & Sandwich

Northshore Senior Center

Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly.	Milk Refills \$.50	Menu is subject to change	Note: All of the sandwiches are accompanied by the vegetable of the day	
3	4	5	6	7
Labor Day No Community Dining	Reuben Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Grilled Cheese Tomato Soup Rice Krispie Treats Fresh Fruit	Ham & Swiss on Whole Wheat Soup of the Day Fresh Fruit ICE CREAM BAR
10	11	12	13	14
Turkey & Provolone on Whole Wheat Soup of the Day Chef's Choice Dessert	French Dip Soup of the Day Chef's Choice Dessert	Beef Chili Dogs with Cheese & Onions Soup of the Day Chef's Choice Dessert	Vegewich: Hummus, Spinach, Cucumber, Avocado, Tomato Soup of the Day Chef's choice Dessert	Community Dining Closed NSC Health Fair
17	18	19	Birthday Lunch 20	21
Tuna Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Turkey & Bacon Club Sandwich Soup of the Day Chef's Choice Dessert	Reuben Soup of the Day Chef's Choice Dessert	Cold Cut Trio Sub: Ham, Turkey, Pastrami & Cheddar Fen's French Onion Soup Birthday Cake 	Ham & Swiss on Whole Wheat Soup of the Day Fresh Fruit ICE CREAM BAR
24	25	26	27	28
Egg Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Grilled Cheese Tomato Soup Chef's Choice Dessert	Pastrami & Swiss on Rye Soup of the Day Chef's Choice Dessert	Turkey & Provolone on Whole Wheat Soup of the Day Chef's Choice Dessert	Roast Beef & Cheddar on Wheat Bread Soup of the Day Fresh Fruit ICE CREAM BAR

September 2018 Hot Lunch Menu

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3	4	5	6	7
Labor Day No Community Dining	Chicken Enchiladas Refried Beans Marinated Vegetable Salad Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Spaghetti & Meatballs Spinach Salad Garlic Bread Rice Krispies Treats Fresh Fruit	Tuna Croquettes Macaroni & Cheese Mixed Vegetables Fresh Fruit ICE CREAM BAR
10	11	12	13	14
Seasoned Pork Tenderloin Rice Pilaf Spinach Salad Chef's Choice Dessert	Sloppy Joes on a Bun Potato Chips Vegetable Slaw Chef's Choice Dessert	Glazed Ham Roasted Carrots Scalloped Potatoes Chef's Choice Dessert	Beef Taco Salad With Tomatoes, Lettuce, Black Olives, Salsa, Sour Cream, Tortillas Corn & Black Beans Chef's Choice Dessert	Community Dining Closed NSC Health Fair
17	18	19	20	21
Chicken Alfredo Fettucine Spinach Salad Chef's Choice Dessert	Santa Maria Beef Tri-Tip Mixed Vegetables Roasted Sweet Potatoes Chef's Choice Dessert	BBQ Pork Ribs Vegetable Slaw BBQ Beans Cornbread Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Birthday Cake 	Tuna Noodle Casserole Cheddar Biscuits Mixed Vegetables Fresh Fruit ICE CREAM BAR
24	25	26	27	28
Italian Links Pasta Spinach Salad Garlic Bread Chef's Choice Dessert	Roasted Chicken Broccoli Mashed Sweet Potatoes Chef's Choice Dessert	Hamburger with Lettuce, Tomato & Pickle Green Salad Potato Chips Chef's Choice Dessert	Arroz con Pollo Sauteed Corn Marinated Vegetable Salad Chef's Choice Dessert	Oven Fried Chicken Tenders Roasted Potatoes Kale Slaw Fresh Fruit ICE CREAM BAR