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## **Northshore Senior Center**

Navigator Newsletter - December 2022

Class Info Online HERE

Fall Catalog HERE

www.northshoreseniorcenter.org

Advisory Council Provides Linkage



By Barbara Anderson, Advisory Council Chairperson

The Northshore Senior Center Advisory Council, an essential link in the feedback loop between members, staff, Board of Directors and the four NSC sites, is seeking a second representative from the Mill Creek Senior Center. The Council meets 10 times per year and is composed of two representatives, each, from the Bothell, Kenmore, and Mill Creek Senior Centers and one from the Health and Wellness Center.

While the Board of Directors has fiduciary and governance responsibilities, The Advisory Council addresses on-the-ground topics. We suggest new programs, forward ideas and concerns that members have raised, and provide support for each other's sites.

In the past year, we've provided feedback on such topics as post-COVID protocols and programs, member recruitment, Website revision, fee structure, expanding diversity, new chairs, pickleball courts, and mental health needs. We inform staff of glitches and concerns that need to be addressed and those activities about which people are excited. If it can improve our services and programs, we want to hear about it, refine it, and pass it on to the appropriate people.

If you're active at the Mill Creek Senior Center and interested in joining the Advisory Council, please speak with Jerry Ann Graham (Mill Creek Representative) or Celeste Virago Lowe. You can contact Mill Creek Senior center at (425) 948-7170 or email advisory@mynorthshore.org.



Have questions about making an end-of-year tax donation?

Visit our <u>website</u>or call Nathan at 425-286-1023.





JOIN US FOR LUNCH!

Reserve your meal 48 hours in advance by calling (425) 487-2441.

Click <u>Here</u> for Menu



#### GET INVOLVED TODAY!!

A Great Way to Give Back To The Community!

We are continuing to offer more classes and programs. This means that we have a lot more opportunities for

# Out with the old, in with the new



New chairs are coming to Bothell. A big thank you to the King County Veteran Seniors and Human Services Levy!

## What's Happening...

#### **Bothell**

12/5 Indian American Community Services (IACS) Program, 10:30am-12pm morning programming, 12pm-12:30pm Vegetarian Indian Lunch, 1pm-2:30pm afternoon programming. Everyone welcome!

12/14 Jewelry Sale @9am-2pm

Kenmore

volunteers, so if you are thinking of ways to contribute and help, please check our our opportunities below.

Volunteer & Career Opportunities

Volunteer Interest Form

Searching for individuals looking to help other seniors. Find out more below.



Employment & Community Connections

#### We are hiring!

### WE'RE HIRING

Join our team and help make a daily impact in the lives of those in our community

Job Opportunities

We are in need of food supplies. Please consider donating. Food Bank Needs



Looking for a way to provide feedback? Feel free to call our voicemail at (425) 949-5300, send an email to our <u>Advisory</u> <u>Council</u>.



Wishing each and all the best of the season and a happy, healthy new year!

Kenmore community food pantry is happening on December 12/14 and 12/28 @12:30pm-2:30pm. Non-perishable food donations are accepted Monday-Friday, anytime between 9am-3pm.

#### Coming soon...

HE(ART) AND SOUL ART CLASS You're invited to participate in a unique "process art" experience. We will create something beautiful as we remember the year gone by and look forward to the year ahead. This approach results in a one of kind art piece that is yours alone. It's a great way to welcome in the new year! All supplies included in class fee. Call 425-489-0707 to sign up.

\$5 MEMBER/\$10 NON-MEMBER
Location: Kenmore - Annex
Facilitators: Debra Morey, Pasha Mohajerjasbi
1/5 10am-12pm

#### Mill Creek

12/2- Nutcracker Tea @11am-1pm

12/12- Christmas Carol Sing-A-Long @1pm-3pm

12/19- Nosh 'Til You Drop Latke Party @12pm-2pm



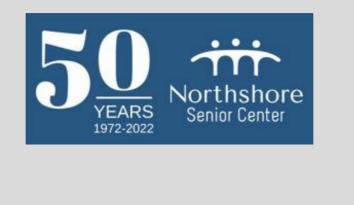
#### Adult Day Health's Wishlist

Want to support NSC's Adult Day Health Program? Consider donating new/unopened supplies on this list, or make a financial gift for ADH on our <u>website</u>.

Glue sticks Hot glue sticks Blue tooth speaker Water color pallets Seasonal paper plates and napkins Word find books Simple big piece puzzles Picture books







Contact Us | Phone: 425-487-2441 | information@mynorthshore.org

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