

Northshore Senior Center Advisory Council Meeting

December 3, 2024, 1:00-2:30pm

NSC ~ H&W

Meeting Minutes - DRAFT

Present:

ADH/H&W: Pat Olsen, Patricia Gustafson, Jane McNamee

MILL CREEK: JerryAnn Graham, Kathy Olsen

BOTHELL: Terry Busch, Mohan Khandekar

KENMORE: John Rynd

NSC Board Liaison: Nora Todd (temporary)

BOTHELL: Pam Wyss

Guests: George Jahn, Jan Eldredge

The meeting, chaired by Pat Olsen, opened at 1pm, with approval of the Agenda and the October 1, 2024 meeting minutes.

Note: Action items below are in *italics* and preceded by ***

Updates from the Chairperson: New Mill Creek representative Kristine Rosner has resigned. Today is JerryAnn's last meeting. Nora Todd, whose BOD tenure expires at the end of December 2024, has been approved to replace JerryAnn as the AC's Mill Creek representative. AC is requesting Chris Fordyce as the 2025 BOD Liaison. Chris is a new 2025 BOD member and previously worked with CMS. We hope Linda Brabant will substitute for Chris when needed. Linda works at Evergreen Home Health and is another new 2025 BOD member

CENTER UPDATES + suggestion boxes: Mill Creek, Kenmore, Bothell, H&W, AC updates

Kenmore: Per Pat O, there may be two potential additional Kenmore AC representatives. Lines of communication have opened up between BOD and AC. AC and BOD need to determine AC role before AC recruits additional AC representatives. The AC/BOD interactions may determine additional skills needed on the AC.

John R arrived late and gave additional updates for Kenmore: Flooring needs renovating. Volunteer Garreth Jeffers is a good resource, especially with planning trips. John will work with Pasha during the re-organization to figure out who is responsible for the Metro assistance for trip transportation.

Mill Creek: Suggestion box packed with 13 requests to keep Celeste and the Tea Parties. Celeste gave notice, with ending date in December to be determined.

NSC Advisory Council December 3, 2024 Meeting Minutes (continued)

Bothell: Questions asked regarding BOD – How many NEW BOD members now? Three. Chris Fordyce is in the “senior” age bracket; Linda B may also be in that age bracket. AC working to get additional candidates in the “active participant senior age” bracket. How many new BOD members need to be recruited? Two. Terry noted that previously new BOD members were given an extensive orientation with a binder, but that is not occurring now.

Mohan asked who he should speak with re: suggestion box items, now that Kerri has left. Noted that some leadership structures are missing and need to be determined.

****Pat O and Mohan met Dec. 4 and handled all suggestion box items.*

H&W— No items in the suggestion box.

Short debrief by all on recent BOD meetings and re-organization events. AC received lots of feedback from members, volunteers, and participants. BOD is receiving more information now, such as the recap of emails to the AC.

Guest Jan Eldredge was invited to participate in this AC meeting, to share her expertise about Senior Centers, Boards, and Advisory Councils. She is currently an NSC volunteer and participant. Among other life experiences, she has a Master’s degree in Health Policy and Administration, has worked on institutional review boards for hospitals in Spokane, and was the CEO of a Senior Center in Wyoming. Jan believes Senior Centers exist to help seniors live better and healthier, and now NSC does that for her with their classes, exercise, and lunch program.

SILVER SHOUTOUT to be submitted in December, for January’s Navigator will be highlighting Nora.

BOD update: (Nora)

Nov 26 BOD meeting – well-publicized Board meeting with lots of participants, majority of Board members and a few staff members attending (remotely or in-person)

2025 BOD officers - Pres=Rocio; VP=Setarah; Secretary=Arnie; Treasurer=Foram; At Large Member=Kenny. Three 2024 BOD members rolling off in December: Bing (6 yrs); Rajat (3 yrs); Nora (6 yrs), had been 2024 At Large Member and sat in on Finance committee.

Existing BOD committees – three= Governance (Nora and Han=only members after Sarah resigned), Finance, and Executive.

Emails sent to BOD email – emails are forwarded by Bing every 3-4 days to all Board members.

NSC Advisory Council December 3, 2024 Meeting Minutes (continued)

2025 events currently scheduled – BOD Retreat (January); 5K run (date TBD). Small events viewed as desirable, more workable. Mohan suggested cooperative cultural event with the Indian Association, to be held perhaps at later date.

CEO update (Nathan):

Nathan asked Pat O for volunteers from the AC to participate as part of the interview process for new staff. AC requested the following 5 stipulations to be adhered to by Nathan: 1) 48 hours notice, 2) access to the job description, 3) resumes, 4) a list of interview questions and 5) a rating sheet.

Five AC members expressed interest in participating: Terry Busch, Mohan Khandekars, JerryAnn Graham, Pam Wyss, and Patricia Gustafson.

****Pat O will send email to Nathan with stipulations and names of volunteers.*

CURRENT AND NEW BUSINESS

- Weekly Informational Tours are going well, but Terry & Mohan request to meet with a staff liaison.
- “New & Curious Member Welcome” meeting will be on December 11th from 10:30am to 12pm, in room 202 at Bothell. Pasha will attend the inaugural December meeting, and Pasha and Tracy will take over the future meetings.

OPEN FORUM (a new section for anyone to bring up anything)

Pat O distributed article “Advisory Councils NINE KEYS TO SUCCESS” from Boardsource.org.

(At 2:20pm, AC members voted to extend the meeting by 5-15 minutes as needed, to complete this discussion.)

Jan spoke about her experiences, as they related to this article’s NINE KEYS, especially regarding “mechanisms for communication and opportunities for dialogue”. Jan felt Boardsource to be a very good source for information.

The NSC AC charter includes the suggestions noted in this article, and the AC needs to develop a stronger working relationship with the BOD to fulfill its mission. AC also draws energy from the members, and needs to continue to be the BOTTOM UP conduit for transparency in communications. Terry offered to talk with BOD about when he, John Dolin, and Randy Busch were on the BOD.

***Pat O will continue dialogues with 2025 BOD members, to determine role of AC for 2025.*

NSC Advisory Council December 3, 2024 Meeting Minutes (continued)

EVALUATION (anyone missed? or anything tabled for next time?) –All good!

Adjourned at 2:45pm

- **Next Advisory Council meeting: Tuesday February 4th, 1:00-2:30 at Mill Creek**
- **Next two NSC Board meetings:
January Retreat TBD (BOD only);
Tuesday, February 25, 2025
All regular NSC Board meetings begin at 5:30pm, at Bothell, room 202**
- **Next NPRSA meeting:
Wednesday January 15th at 5pm, at Woodinville City Hall**