## January 2025 Hot Lunch Menu

Make reservations 48 hours in advance at Front Desk in Person or call 425-487-2441

Monday	Tuesday	Wednesday	Thursday	Friday
Northshore Senior Center	A \$5 donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 charge. We accept Qwest Cards, cash, or checks paid daily, weekly, or monthly.	CLOSED	Sweet and Sour Pork Rice Green Beans Fruit	Tuna Melts Coleslaw Fruit
Arroz Con Pollo with Mushrooms Garden Salad Fruit	7 Indian Lunch (Vegetarian) Lentil Dal Rice Vegetable Fruit	Beef Stir Fry Veggie Lo Mein Salad Fruit	Quiche with Ham, Spinach, and Cheese Garden Salad Fruit	Chicken Parmesan Fettucine Alfredo Broccoli Fruit
Teriyaki Salmon Mixed Vegetables Brown Rice Fruit	Shrimp Tacos Roasted Potatoes Mixed Vegetables Fruit	Smothered Pork Chop Cornbread Green Beans Fruit	Jambalaya with Sausage and Chicken Sauteed Greens Baked Beans Fruit	Spaghetti with Meat Sauce Garden Salad Garlic Bread Fruit
Closed	Indian Lunch (Vegetarian) Lentil Dal Rice Vegetable Fruit	Beef Chili Cornbread Salad Fruit	Cheese Tortellini in Marinara with Grilled Chicken Broccoli Fruit	Baked Fish Au Gratin Potatoes Green Beans Fruit
27	28	29	30	31
Beef and Cheese Enchilada Spanish Rice Roasted Vegetables Fruit	Chicken Marsala Egg Noodles, Roasted Zucchini and Yellow Squash, Fruit	Turkey Tetrazzini Roasted Vegetables Fruit	Lemon Pepper Chicken Brown Rice Broccoli Fruit	Stuffed Peppers with Beef Rice Pilaf Salad Fruit

The menu is subject to change.

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