## April 2025 Hot Lunch Menu Norths



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| MARCH 31<br>Beef Shawarma<br>W/Tahini Sauce<br>Pita Bread<br>Brown Rice Pilaf<br>Fattoush Salad<br>Fruit | 1<br>Indian Lunch<br>(Vegetarian)<br>Patta Gobi<br>Chana Masala<br>Rice Pilaf<br>Stir Fry Peas<br>Naan<br>Raita<br>Fruits  | 2<br>Herb Baked<br>Salmon<br>w/Blueberry<br>Gastrique<br>Brussel Sprouts<br>Quinoa<br>Fruits         | 3<br>Chicken<br>Parmesan<br>Pea Pasta<br>Salad<br>Fruits   | 4<br>Falafel w/Tahini<br>Sauce<br>Mediterranean Sald<br>Fruits   |
| 7<br>Chicken Stir Fry<br>Brown Rice<br>Vegetables<br>Fruits  | 8<br>Pork Ragu Over<br>Creamy Polenta<br>Roasted<br>Vegetables<br>Fruits   | 9<br>Baked Fish<br>w/Lemon Cream<br>Sauce<br>Brown Rice<br>Vegetables<br>Fruits                      | 10<br>Beef Tips<br>Brown Rice<br>Vegetables<br>Fruits  | 11<br>Imam Bayildi<br>(Vegan<br>Mediterranean<br>Eggplant Dish)<br>Roasted Chickpeas<br>Brown Rice<br>Fruits |
| 14<br>Chicken Piccata<br>Buttery Pasta<br>Steamed Spinach<br>Fruits                                      | 15<br>Indian Lunch<br>(Vegetarian)<br>Patta Gobi<br>Chana Masala<br>Rice Pilaf<br>Stir Fry Peas<br>Naan<br>Raita<br>Fruits | 16<br>Blue<br>Cheeseburger<br>Double Baked<br>Potatoes<br>Salad<br>Fruits                            | 17<br>Roast Beef<br>Brown Rice<br>Green Beans<br>Fruits  | 18<br>Fish Florentine<br>Buttery Pasta<br>Green Beans<br>Fruits  |
| 21<br>Pasta Alla<br>Puttanesca<br>Vegetables<br>Fruits   | 22<br>Pot Roast<br>Brown Rice<br>Salad<br>Fruits   | 23<br>Chicken<br>Shawarma<br>W/Tahini Sauce<br>Brown Rice<br>Tabbouleh Salad<br>Fruits               | 24<br>Mac n Cheese<br>Glazed Carrots<br>Broccoli<br>Fruits   | 25<br>Fish Tacos<br>Mexican Street Corn<br>Cilantro Lime Slaw<br>Fruits                                      |
| 28<br>Mongolian Beef<br>Brown Rice<br>Green Beans<br>Fruits  | 29<br>Chicken Pesto<br>Flatbread<br>Arugula Salad<br>Vegetables<br>Fruits  | 30<br>Balsamic Roast<br>Pork<br>Green Beans<br>Maple Glazed n<br>Roasted Sweet<br>Potatoes<br>Fruits | A \$5 donation is<br>suggested for seniors<br>60 and older. Guests<br>under 60 can enjoy<br>a meal for a \$10<br>charge. We accept<br>Qwest Cards, cash,<br>or checks paid daily,<br>weekly, or monthly. | Make reservations<br>48 hours in advance<br>at Front Desk in<br>Person or call 425-<br>487-2441              |

The menu is subject to change.

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