April 2025 Hot Lunch Menu Norths



Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31 Beef Shawarma W/Tahini Sauce Pita Bread Brown Rice Pilaf Fattoush Salad Fruit	1 Indian Lunch (Vegetarian) Patta Gobi Chana Masala Rice Pilaf Stir Fry Peas Naan Raita Fruits	2 Herb Baked Salmon w/Blueberry Gastrique Brussel Sprouts Quinoa Fruits	3 Chicken Parmesan Pea Pasta Salad Fruits	4 Falafel w/Tahini Sauce Mediterranean Sald Fruits
7 Chicken Stir Fry Brown Rice Vegetables Fruits	8 Pork Ragu Over Creamy Polenta Roasted Vegetables Fruits	9 Baked Fish w/Lemon Cream Sauce Brown Rice Vegetables Fruits	10 Beef Tips Brown Rice Vegetables Fruits	11 Imam Bayildi (Vegan Mediterranean Eggplant Dish) Roasted Chickpeas Brown Rice Fruits
14 Chicken Piccata Buttery Pasta Steamed Spinach Fruits	15 Indian Lunch (Vegetarian) Patta Gobi Chana Masala Rice Pilaf Stir Fry Peas Naan Raita Fruits	16 Blue Cheeseburger Double Baked Potatoes Salad Fruits	17 Roast Beef Brown Rice Green Beans Fruits	18 Fish Florentine Buttery Pasta Green Beans Fruits
21 Pasta Alla Puttanesca Vegetables Fruits	22 Pot Roast Brown Rice Salad Fruits	23 Chicken Shawarma W/Tahini Sauce Brown Rice Tabbouleh Salad Fruits	24 Mac n Cheese Glazed Carrots Broccoli Fruits	25 Fish Tacos Mexican Street Corn Cilantro Lime Slaw Fruits
28 Mongolian Beef Brown Rice Green Beans Fruits	29 Chicken Pesto Flatbread Arugula Salad Vegetables Fruits	30 Balsamic Roast Pork Green Beans Maple Glazed n Roasted Sweet Potatoes Fruits	A \$5 donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 charge. We accept Qwest Cards, cash, or checks paid daily, weekly, or monthly.	Make reservations 48 hours in advance at Front Desk in Person or call 425- 487-2441

The menu is subject to change.

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